

Choosing a Health Care Power of Attorney: Who Is Your 'Who'?

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Welcome to Today's Webinar



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Thank you for joining us to learn about advance care planning and healthcare decision-making.

This webinar series is sponsored by the National Center on Advancing Person-Centered Practices and Systems. NCAPPS is funded by the Administration for Community Living (ACL) and Centers for Medicare & Medicaid Services (CMS).

NCAPPS webinars are free and open to the public.

The goal of NCAPPS is to promote systems change that makes person-centered principles not just an aspiration but a reality in the lives of people across the lifespan.





Webinar Logistics

- Participants will be muted during this webinar. You can use the **chat** feature in Zoom to post questions and communicate with the hosts.
- Toward the end of the webinar, our speakers will have an opportunity to **respond to questions** that have been entered into **chat**.
- The webinar will be captioned in English and Spanish. To access the Spanish captions, please use this link: <https://us.ai-live.com/CaptionViewer/Join/thirdparty?sessionId=USHSRI2707A>
- El seminario de web estará subtulado en vivo en Inglés y Español. Para tener acceso a los subtítulos en Español, utilice este enlace: <https://us.ai-live.com/CaptionViewer/Join/thirdparty?sessionId=USHSRI2707A>
- This live webinar includes polls and evaluation questions. Please be prepared to interact during polling times.



Feedback and Follow-Up

- After the webinar, you can send follow-up questions and feedback about the webinar to NCAPPS@hsri.org.

(Please note that this email address is not monitored during the webinar.)

- The recorded webinar, along with a pdf version of the slides and a Plain Language summary, will be available within two weeks at NCAPPS.acl.gov. We will also include questions and responses in the materials that are posted following the webinar.

Who's Here?

“In what role(s) do you self-identify? Select all that apply.”

1. Person with a disability/person who uses long-term services and supports
2. Family member/loved one of a person who uses long-term services and supports
3. Self-advocate/advocate
4. Peer specialist/peer mentor
5. Social worker, counselor, or care manager
6. Researcher/analyst
7. Community or faith-based service provider organization employee
8. Government employee (federal, state, tribal, or municipal)
9. Hospital/hospital-affiliated clinic employee
10. HMO/managed care organization employee



**LEIGH ANN
KINGSBURY**



**MARY BETH
LEPKOWSKY**



ALVA GARDNER



DEJA BARBER



SHAWNA HALL

Meet Our Speakers

Advance Care Planning

- The process of holding conversations and considering decisions – about one's wishes for health care
- Sharing your wishes – writing them down in some fashion
- Identifying someone you trust to honor those wishes



The Data

[What's Wrong With Advance Care Planning?](#)
[JAMA 10.26.2021](#)

Fewer than 40 percent of Americans have made their wishes known

Advance care planning may not assure that people's stated wishes are honored, and people change their minds

Predicting the hypothetical is challenging and the results are inconsistent

82 percent of physicians in the US believe that people with disabilities have a worse quality of life than people without disabilities

Assumptions that having an advance directive equates to 'do not treat or intervene'

Some COVID-19 crisis standards excluded people with disabilities

“I have not made very many specific decisions yet, but I feel like these discussions bring me comfort and prepare me for making decisions later.....

...Assessments of advance care planning’s effectiveness should take into account these deeply meaningful ‘unmeasurable benefits’”

Dr. J. Randall Curtis,
Director of Cambia Palliative Care Center of Excellence, University of Washington
Physician living with ALS



What Does Work?

- Relationships!
- People want their healthcare decision makers to be able to respond to unexpected situations...and have flexibility – all within the context of respecting the person’s core goals and values.
- Clarifying one’s goals...is not a legal task at heart, but a communication exercise.

Who Can Be a Power of Attorney?

Someone the person chooses and trusts

Someone who can make thoughtful decisions in stressful situations

Someone who will take the time to learn and understand what matters to the person

Someone who will honor the person's wishes

Who Cannot Be a Power of Attorney?

- In most states, an employee of the person's healthcare provider
- A minor child
- Someone who has a legal guardian/conservator themselves
- Someone not chosen by the person



Surrogate Decision Making*:

In the absence of a healthcare power of attorney; or other identified decision maker

-
- Spouse
 - Adult child
 - Parent
 - Adult sibling
 - Next of kin
 - *In some states, followed by....*
 - Close personal friend
 - Other state-directed options

*This is a generalized list; verify your state specifics





Questions?

Real-Time Evaluation Questions

- Please take a moment to respond to these six evaluation questions to help us deliver high-quality NCAPPS webinars.
- If you have suggestions on how we might improve NCAPPS webinars, or if you have ideas or requests for future webinar topics, please send us a note at NCAPPS@hsri.org

Real-Time Evaluation Questions (cont.)

- 1. Overall, how would you rate the quality of this webinar?**
- 2. How well did the webinar meet your expectations?**
- 3. Do you think the webinar was too long, too short, or about right?**
- 4. How likely are you to use this information in your work or day-to-day activities?**
- 5. How likely are you to share the recording of this webinar or the PDF slides with colleagues, people you provide services to, or friends?**
- 6. How could future webinars be improved?**

Thank You.

Register for upcoming webinars at

ncapps.acl.gov

NCAPPS is funded and led by the Administration for Community Living and the Centers for Medicare & Medicaid Services and is administered by HSRI.

The content and views expressed in this webinar are those of the presenters and do not necessarily reflect that of Centers for Medicare and Medicaid Services (CMS) or the Administration for Community Living (ACL) .

